

The Town Crier

TOWN OF ANNAPOLIS ROYAL

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FOR
EMERGENCIES
PLEASE
CONTACT
PUBLIC WORKS
AT 532-8347

IMPORTANT ANNOUNCEMENT FOR ORGANIZATIONS WISHING FUNDING CONSIDERATION FROM TOWN COUNCIL BUDGET APRIL 1, 2014 TO MARCH 31, 2015

Council for the Town of Annapolis Royal recently approved a "Donations and Grants Policy" to assist in administering the annual donations and grants budget and provide guidance on the allocation of funds to applicants.

To be considered eligible for a donation or grant, an individual, group or organization must be based in or affiliated with the Town of Annapolis Royal or be deemed by Council to be based in a location such that is appropriate for the Town to provide support. Other criteria and details are provided within the policy.

Application forms and a copy of the policy are available from Town Hall, Monday through Friday, 9am to 3pm; via the Town Website at

www.annapolisroyal.com/town-policies ; by request to Sandi Millett-Campbell at phmc@annapolisroyal.com or by telephone 532-3145.

Applicants are encouraged to submit their completed form to the Town either in hard copy or via email to phmc@annapolisroyal.com by February 28th if possible. The deadline for applications is March 31st.

Applicants will be invited to make a presentation in support of their application to the Marketing and Economic Development Committee.

INVITATION FOR COMMITTEE MEMBERS

Town Council invites interested people to apply for membership on

Council Committees where seats have recently been vacated. Applicants are requested to provide a cover letter and resume noting their interest in one of the Committees. Council will review applications with the purpose of appointing members to Committees as detailed below.

Board of Police Commissioners:

one citizen appointment for a one year term

The Board comprises two members of Council, an appointee of the Department of Justice and two citizen members. The Board meets at 9:00 a.m., Wednesday, once a month – generally the second week of each month.

Marketing and Economic Development Committee:

one member at large & one business representative; each for a one year term

The Marketing and Economic Development Committee consists of two members of Council, two members at large and two business

representatives. The Committee meets at 6:00 p.m., Tuesday, once a month – generally the second week of each month.

To submit a letter of interest or for additional information about these committees, please contact cao@annapolisroyal.com or call 532-3146 by Friday, February 14, 2014 at 12 noon.

WASTE COLLECTION

Pick up – Wednesday February 12th and Wednesday February 26th.

For more information contact Valley Waste

at 1-877-927-8300 toll free

or www.vwrm.com

If you witness any vandalism or unlawful behavior within the Town of Annapolis Royal, please report the incident to the Annapolis Royal Police Department. Thank you for your help in this matter.

To contact the Annapolis Royal Police Department

CALL 532-2427

Any time, 24 hours a day

MEMBERS OF COUNCIL

Mayor Michael Tompkins mayor@annapolisroyal.com

Deputy Mayor Pat Power pat.power@ns.sympatico.ca

Councillor Sherman Hudson idontknow@ns.sympatico.ca

Councillor Byron Mersereau byron.artown@gmail.com

Councillor Paul Paquette paulpaquette@annapolisroyal.com

The public is welcome to attend all meetings.

Next Meetings

Planning and Heritage Advisory Committee February 3 at 9:30 am

Committee of the Whole February 5 at 6 pm

Marketing & Economic Development Committee February 11 at 6 pm

Board of Police Commissioners February 12 at 9 am

> Town Council February 17 at 6 pm

Town Office Hours of Operation

The Town Office is open Monday to Friday from 9am to 3pm

Unapproved Motions from the Regular Council Meeting Held January 20, 2014

Vending By-law 2014 - Second and Final Reading MOTION a

It was moved by Deputy Mayor Power, seconded by Councillor Paquette that Council give Vending By-law 2014 second and final reading and further, that the Vending By-law 2014 Fee Schedule be adopted upon second and final reading of the By-law and be included in the Town of Annapolis Royal Fee Schedule Policy. **CARRIED.**

Valley Region Solid Waste-Resource Management By-law 2014 – Second and Final Reading MOTION b

It was moved by Deputy Mayor Power, seconded by Councillor Paquette to give Valley Region Solid Waste-Resource Management By-law 2014 second and final reading. **CARRIED.**

Queen Anne Inn - re: Orderly & Peaceful Conduct By-law MOTION c

It was moved by Councillor Paquette, seconded by Councillor Mersereau to grant an exemption by Council as per Section 6 (1) of the Orderly and Peaceful Conduct By-law, for July 12, 2014 until 12 pm midnight to the Innkeepers/Owners of the Queen Anne Inn. **CARRIED.**

Designation under the Fences and Detention of Stray Livestock Act MOTION d

It was moved by Councillor Mersereau, seconded by Councillor Paquette that Council not request to be designated under the Fences and Detention of Stray Livestock Act. **CARRIED.**

Canadian Cancer Society - Smoke Free Outdoor Spaces By-law MOTION e

It was moved by Councillor Paquette, seconded by Deputy Mayor Power that Council direct a letter be written to Kelly Cull, Government & Partner Relations Manager, Canadian Cancer Society thanking her for bringing the issue of smoking in public places to Council's attention and declining a presentation at this time. Councillor Mersereau abstained from voting. **CARRIED.**

Heat Pump Clarification MOTION f

It was moved by Councillor Paquette, seconded by Deputy Mayor Power that PHMC Millett-Campbell write a letter to Chris Millier (Development Officer) to request clarification as to why a heat pump requires a development application as the architectural footprint of the building encompasses the square footage contained within the outside foundation and walls, which is not being comprised. **CARRIED.**

Application AR13-0430HER MOTION g

It was moved by Deputy Mayor Power, seconded by Councillor Mersereau that the applicant at 235 St. George Street be given heritage approval to add a patio cover and to partially enclose the existing deck, as detailed in application AR13-043-HER, providing all conditions of the Land Use By-law are met. **CARRIED.**

Daurene Lewis Memorial Tribute MOTION h

It was moved by Councillor Mersereau, seconded by Councillor Paquette to approve the planting of a memorial tree with a plaque in honour of former Mayor Daurene Lewis to be planted at the front of Town Hall, and to be maintained by the Town and to be accompanied by a suitable plaque to identify the memorial tribute. **CARRIED.**

Donations and Grants Policy MOTION i

It was moved by Councillor Paquette, seconded by Deputy Mayor Power to approve the Donations and Grants Policy as amended. **CARRIED.**

Heat Pump Approval Policy MOTION j

It was moved by Deputy Mayor Power, seconded by Councillor Mersereau to approve the adoption of Policy 2014-2 "Heat Pump Approval Policy". **CARRIED.**

School Review Consultations MOTION k

It was moved by Councillor Mersereau, seconded by Councillor Paquette to direct administration to submit a written response to questions posed on page 31 of the School Review Process Discussion paper dated November 2013, specifically, "Should the costs of disposing of a property influence a school review?" and "What steps can be taken to ensure that local interest are considered when a school board decides whether to close a school?" and that Mr. Robert Fowler, School Review Consultation Chair, be invited to meet with Council as soon as possible. **CARRIED.**

Used Police Car Tender MOTION I

It was moved by Councillor Paquette, seconded by Deputy Mayor Power to accept the only tender received in the amount of \$300.00 plus HST from H.E. Bent for the sale of the 1999 Ford Crown Victoria, as is, where is, **CARRIED.**

Grant of Easement MOTION m

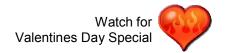
It was moved by Deputy Mayor Power, seconded by Councillor Mersereau to approve the Mayor and Chief Administrative Officer to sign the Grant of Easement as presented January 8, 2014 on behalf of the Town of Annapolis Royal, subject to a letter being received from the Annapolis Valley Regional School Board that the Board is agreeable to the terms of the Easement Agreement and will commit to operating within the terms of the agreement until such time as the school no longer occupies the site. **CARRIED.**

February Calendar of Events

1 8 15 22	Annapolis Royal Winter Farmer's Market Your source for local food products and more, from October until May! 9am-12 noon at the Historic Gardens. Free admission. Call 532-7018. Saturday Mornings. The Wolf of Wall Street A New York stock broker refuses	16	The Nut Job Starring: Will Arnett, Katherine Heigl, Liam Neeson Surly, A curmudgeon, independent squirrel is banished from his park and forced to survive in the city. Rated PG, Animated/Family / 86 minutes Tickets: \$8 Adult, \$7 Child/Youth 2pm King's Theatre
	to cooperate in a large securities fraud case that includes mob infiltration into Wall Street and the corporate banking world. Based on the true story of Jordan Belfort, from his rise to a wealthy stockbroker living the high life to his fall involving crime, corruption and the federal government. Starring: Leonardo DiCaprio, Matthew McConaughey, Jonah Hill, Kyle Chandler, Jean Dujardin, Rob Reiner, Jon Favreau, Shea Whigham, Spike Jonze, John Berntal. 180 minutes / Drama / Rated 18A. Tickets: \$8. adult, 2:00pm King's Theatre	21	American Hustle A con man, Irving Rosenfeld, along with his seductive British partner, Sydney Prosser, is forced to work for a wild FBI agent, Richie DiMaso. DiMaso pushes them into a world of Jersey powerbrokers and mafia. Starring: Christian Bale, Bradley Cooper, Jennifer Lawrence, Amy Adams, Jeremy Renner. Rated: 14A, Drama/Crime, 138 minutes. Tickets: \$8. Adult, \$7. Child/Youth 7pm King's Theatre
4 5 6 7 11 12 13	HUG HUB Community Art & Erotic Exhibitions Taking inspiration from Robert Indiana's "LOVE" pop art piece, 1966, community members including artists have been asked to create art pieces using 4" x 4" templates - see our website for details, www.arcac.ca In the Chapel Gallery, artists were invited to create pieces on the theme of Erotic Love, these pieces will be for sale, 100% to the artist. A	22	Coriolanus by William Shakespeare A National Theatre Encore Presentation Staring:Tom Hiddleston, Mark Gatiss Directed By: Josie Rourke. Reserved seating 180 minutes. There will be a 20 minute intermission. Tickets: \$14 Adult / \$5 Youth - on sale now 2pm King's Theatre
14	reception will be held closer to Valentines day, on Sunday February 9th, 2-4pm. All welcome. 10:00 AM to 4:30 PM ARTsPLACE Main and Chapel Galleries	23	"Black Dog" ARTsPLACE Members' Art Exhibition Artists were invited to create work in all media from painting to poetry on the theme of "Black Dog" to describe depression - see our website for details www.arcac.ca. Work will be for sale at 100% to the artist. Feb 23 1-4:30 pm; Feb 25 10am to 4:30pm; Feb 26 10am to 4:30 pm; Feb 27 10:00 AM to 4:30 PM; Feb 28 10am-4:30 pm American Hustle A con man, Irving Rosenfeld, along with his seductive British partner, Sydney Prosser, is forced to work for a wild FBI agent, Richie DiMaso. DiMaso pushes them into a world of Jersey powerbrokers and mafia. Starring: Christian Bale, Bradley Cooper, Jennifer Lawrence, Amy Adams, Jeremy Renner. Rated: 14A, Drama/Crime, 138 minutes Tickets: \$8. Adult, \$7. Child/Youth 2pm
7	Saving Mr. Banks Starring: Emma Thompson, Tom Hanks, Colin Farrell. Author P.L. Travers reflects on her difficult childhood while meeting with filmmaker Walt Disney during production for the adaptation of her novel, Mary Poppins Rated PG/Drama/Comedy 125 minutes Tickets: \$8 Adult, \$7. Child/Youth 7 pm King's Theatre		
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	A reception will be held closer to Valentines day, on Sunday February 9th, 2-4pm. All welcome. 2:00 PM to 4:00 PM ARTsPLACE Main and Chapel Galleries		August: Osage County A family crisis brings the women of the Weston family back to the Oklahoma house they grew up in, and to the dysfunctional woman who raised them. Starring: Merryl Streep, Dermot Mulroney, Julia Roberts 121 min. Rated: 14A, Drama. Tickets: \$8 Adult, \$7 Child/
14	HAPPY VALENTINE'S DAY		
14	The Nut Job A curmudgeon, independent squirrel is banished from his park and forced to survive in the city. Starring: Will Arnett, Katherine Heigl, Liam Neeson Surly, Rated PG, Animated/Family / 86 minutes Tickets: \$8 Adult, \$7 Child/Youth 7pm King's Theatre		Youth Friday, Feb. 28, 7pm

Buy 1 dinner
Monday, Tuesday or Wednesday 5-8pm
and
receive the 2nd of equal or lower price for 1/2 price





The **Annapolis Royal Wellness Center & SPA** welcomes Sara VanTassell as their new hairstylist. She offers color, cuts, highlights, updo's and much more. Come in for a FREE consultation.

Our special this month:

CHOCOLATE Pedicures, CHOCOLATE body scrubs, CHOCOLATE manicures.

Annapolis Royal Winter Farmer's Market

at the Historic Gardens Every Saturday in December 9am -12 noon.

Your source for local food products and more, from October until May!
Free admission. Call 532-7018.

Port Royal Legion Branch 21

Monday - Bridge 1:15 pm Tuesday - 45s 1:00 pm Tuesday - Senior Pool 1:30 pm Wednesday - Bingo 7:00 pm

Valentines Dance - Saturday 15 February 9 - 1 with The Rhythm Rogues. Tickets \$8.00 per person. All welcome. **Executive meeting** - Thursday 13 February 7:00 pm

The Annapolis Royal Lions Club meets every second and fourth Monday of the month at the Annapolis Royal Fire Hall. The February Business Meeting will be on February 10 at 7 pm and the Dinner Meeting will be on February 24 with social activities at 6.30 pm and dinner at 7pm. The speaker at the dinner meeting will be a presentation from the Clean the Annapolis River Society. Those interested in attending a Lions Club meeting should contact a local club member. petersleight@eastlink.ca Peter Sleight PR Chair

CHARADE

50% OFF

Store closing February 28th
Open Wednesday to Saturday 10am–5 pm
(Fixtures for Sale)
268 St. George Street
532-5162

P.S. Don't forget your Gift certificates
All Sales Final

Art Lessons

Any medium, except oils. Some materials included, depending on media. Free initial consultation. \$25 private or \$20 each semi-private. For more information please call 532-0494

THE NEW LOOK BEAUTY SALON & BARBER

241 St. George Street, Annapolis Royal
Creative Hair & Color Techniques

We Now Do Esthetics By Lacey! PHONE: 286-4247

We welcome NEW and EXISTING clients!!!

Hours of Operation Mon-Fri 9–5 and Sat 9-12
SALON WILL BE OPEN EVENINGS UPON REQUEST

ANNAPOLIS ROYAL SENIORS' AFTERNOON OUT

- A safe, supervised, and enriching afternoon
- * An opportunity to keep active and maintain independence
- * A chance to socialize and exercise
- A respite opportunity for caregivers

Come and enjoy an afternoon of fun! Monday and Thursday 1 to 4 pm at the Annapolis Royal Nursing Home Cost \$5.00

(A nutritious snack will be served)
For more information call
Jane MacKay, Coordinator 532-8389

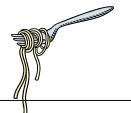


"A Royal Consort" Community Choir and Director Elsie Hepburn welcome new members to their group which begin rehearsals on Sunday, February 9th at 4:00 p.m. at the Annapolis Royal Nursing Home Activity Room. Come join us as we prepare for an upcoming May 4th concert.

SAVE THE DATE

2014 Queen Annapolis Royal Dinner Friday March 28th, 2014

Spaghetti Supper Friday February 21st at St. Luke's Church, Annapolis Royal. Spaghetti with home made meat or vegetarian sauce, salad and fresh bread with flavoured butters. Our now famous Ice Cream Sundae Buffet for dessert with chocolate brownies. Wine available by the glass. Come and enjoy! Sittings at 5 and 6:30.Tickets are available at the Parish Office and by calling 532-0342: \$10/adult, children \$5.



Attention All Potential Photographers:

If you are interested in photography and would like to learn more or share knowledge about the art or just learn more about your own camera we would like to invite you to join the **Annapolis Photography Club**. It does not matter how much or how little you know as long as you have a desire to learn more. Knowledge and experience will be gained through the club by participating in field trips and discussions. The club's next meeting is 7pm, Monday, February 24 at Ye Olde Towne Pub in the upstairs room.



Please contact Terry Murphy for more information or any questions you may have at cycleterry@gmail.com or 526-4451.

Elephant Grass Print Collective is hosting a Valentine's Day card making day!

When: Sunday, February, 2nd 10am-4pm at the Parker's Cove Studio In this day long workshop participants will be introduced to basic linocutting techniques, carve a small block and then print either by hand pulling or by press. Each participant will come away with four cards and a carved block that can be reused to print more cards or artwork. Cost: \$35 which includes all materials. This workshop is limited to six participants.

Preregistration is required; email <u>elephantgrassprint@gmail.com</u> to book a spot!

*A 'snow date' has been set for February the 9th in case of inclement weather.

Elephant Grass Print Collective elephantgrassprint@gmail.com www.elephantgrassprint.wordpress.com 5-30 School Street RR #3 Granville Ferry, NS B0S 1K0



Calling all Welsh, almost Welsh and Welsh Wannabees.

Saint David, Patron Saint of Wales, will be acknowledged and celebrated with a Saint David's Day Dinner on Saturday 1st March at 6pm at the Annapolis Royal Golf Course and Restaurant. The program for the evening will include entertainment and of course the usual superb roast lamb dinner. Call the restaurant for reservations 532-2064.

2013 Summary of Weather Statistics for CW1604 Annapolis-Royal2, NS Rick Decker and Corinne Frantel, 23-01-14

Temperature - cold seasons. The coldest day was 24 January with the average temperature being -12.8 o C and 12 February had the lowest minimum temperature of -17.1 o C. January was the coldest month with an average of -3.4 o C. The maximum temperature was 0 o C or below on 41 days and on 1 day it was -10 o C or below. There were 7 days on which the wind chill fell to -200 C or lower. The coldest wind chill temperature was -26 C on 25 January.

Temperature - warm seasons. 26 July was the warmest day of the year averaging 23.4o C, but the warmest maximum was 29.3o C on 26 July. The warmest heat index, similar to the Humidex, was 34.3 o C on 26 July. The only days when the heat index exceeded 30o C were on 16 and 26 July.

Current weather conditions can be viewed on a display in the window of *Nancy's Timeless Treasures*, 223 St George St or by typing in C1604 Mesowest Interface or Findu Annapolis Royal2 in a web browser.



Gail, Kathy, Garry---the **Artfelt gang**--- thanks the volunteers: banner painters, light stringers, Santa beard stylists, window dressers, tree trimmers, town public works AND Town businesses: YOU all made it work.



The Annapolis County **Volunteer Awards & Reception** is cooperatively coordinated by the Municipality of the County of Annapolis - Annapolis County Recreation Services, **the Town of Annapolis Royal**, the Town of Bridgetown, and the Town of Middleton – Recreation and Community Services.

National Volunteer Week: April 6th to April 13th, 2014 Nomination deadline: February 19th, 2014

Volunteers are an important part of your community. They coach your child's team and direct community theatre. They respond to fires and look for missing persons. They spearhead community events and development initiatives. Volunteers provide meals to grandparents, serve at church suppers, protect the environment, and serve on boards that deliver health care services. Volunteers play a critical role in every community across Canada and throughout Nova Scotia.

Each year as we celebrate Volunteer Week, our primary purpose is to thank and honour people who donate their time to help others. You are encouraged to nominate a deserving volunteer from your group to receive an award this year; email submissions are strongly encouraged.

However, you may **submit the nomination** via regular mail Town of Annapolis Royal – Volunteer Week P.O. Box 310, Annapolis Royal, NS BOS 1A0 Email: phmc@annapolisroyal.com

The Annapolis Royal Police Department dealt with the following complaints during the month of December:

- 1-Impaired Driver
- 2-Disturbing the Peace
- 1-Domestic Assault
- 1-Theft from a Motor Vehicle
- 1-Theft Over \$5,000.
- 2-Mischief Complaints
- 1- Suspicious Person
- 6-Criminal Record Checks
- 2-False Alarms
- 2-Motor Vehicle Accident
- 3-Other Moving Traffic Complaints
- 2-Non-Moving Traffic Complaints
- 1-Motor Vehicle Act Other Activities
- 1-Motor Vehicle Check Point (30 Vehicles Checked)
- 4-Summary Offence Tickets

TOWN OF ANNAPOLIS ROYAL WINTER PARKING REGULATIONS

Whereas it is necessary to make the following winter parking regulations to facilitate the removal of snow in the Town of Annapolis Royal, effective either on the first snow storm or December 01, 2013 (whichever is earlier) to April 30, 2014, between the hours of 12:00 midnight and 8:00 a.m., no person shall park or leave standing a motor vehicle upon any highway or street within the Town limits in accordance with provisions of the Motor Vehicle Act. Vehicles, whether attended or unattended, shall not be left in a position or manner which may interfere with or obstruct snow removal or winter maintenance operations. Ticketing and/or towing will occur when a parked vehicle restricts snow removal or winter maintenance operations.

TRAFFIC AUTHORITY TOWN OF ANNAPOLIS ROYAL

REMINDER
When the snow falls, please
ensure your green cart
does not impede snow removal.
Thanks

New Vending By-law Approved by Council January 20, 2014

The new Vending By-law affects any persons considering vending in the Town of Annapolis Royal. "vend" or "vending" means the sale, or offering for sale, outside an enclosed building of: (a) food, beverages or other merchandise, unless they are immediately delivered to a residence or shop by the person selling them; (b) services, unless they are provided in a building.

The complete Vending By-law may be viewed on the Town website www.annapolisroyal.com and copies are available by request at the Town Office 285 St. George Street.

Valley Region Solid Waste Resource Management By-law Approved by Council January 20, 2014

The Town of Annapolis Royal officially became a member of the Valley Waste Resource Management (VWRM) October 1, 2013. As the Town is a member of VWRM it is appropriate for a new by-law which identifies Valley Waste Resource Management's authority under a regional by-law that has been passed previously by the other eight municipal unit members. The new by-law contains more and revised definitions and outlines the VWRM's authority including authority collection provisions, and sets out prohibitions, source separation requirements, non-authority collection and disposal of solid waste provisions, information about waste-resource management centres and penalties.

The complete Valley Region Solid Waste Resource Management By-law may be viewed on the Town website www.annapolisroyal.com and copies are available by request at the Town Office 285 St. George Street.

Heat Pump Approval Policy Approved by Council January 20, 2014

If you are considering installing a heat pump, please note the Town of Annapolis Royal has a new Heat Pump Approval Policy.

The Heat Pump Approval policy works to ensure the prompt and effective time to approve an application for the installation of heat pumps on a heritage building in the Town. It will provide the Planning Coordinator the ability to approve the application for heat pumps that will be installed on or adjacent to a heritage property without seeking approval from the Planning and Heritage Advisory Committee (PHAC), unless the Planning Coordinator feels the application is compromising the heritage value of the building.

The complete Heat Pump Approval Policy may be viewed on the Town website www.annapolisroyal.com and copies are available by request at the Town Office 285 St. George Street.



Active Living News

Seeking lifeguards for the Annapolis Royal Community Pool for the 2014 Summer Season

The Annapolis Royal Community Pool is seeking lifeguards for the 2014 season. Please visit www.annapolispool.ca for job descriptions. If you find you have any additional questions or may know of a potential candidate, please contact Christine Igot at Christine@latext.com, or call 902-955-1205. Please look for more exciting news about the Annapolis Royal Community Pool in the March edition of the Town Crier!

ANNAPOLIS ROYAL HERITAGE WEEKEND 2014 ACTIVITIES, FEBRUARY 14-17

The theme of Heritage Weekend 2014 is "Having Fun with Heritage – Historic Places Made for Play", and here's a look at some of the events the Town of Annapolis Royal has planned for the weekend in partnership with Parks Canada, The Annapolis Heritage Society, The Historic Gardens, Team WinterACTIVE, and The Historical Association.

Friday, Feb 14, 7:30PM – A Moonlit Sweethearts Snowshoe Trek around the French Basin Trail. The event is free, and BISTRO EAST is offering a free dessert to any trekkers who go to the Bistro for dinner beforehand (reservations are required). A reception will be hosted by the Historical Association afterwards at ARTsPlace, with cider and snacks. <u>Pre-registration is required for this event</u>.

Saturday Feb 15, 8:30AM-5PM – A SNOW CRICKET Tournament at the AWEC sports fields! To learn more and to register a team, please contact us! No experience necessary, the tournament will feature an informational session beforehand! **Sunday Feb 16, 1:30-3:30PM** – The WinterACTIVE team is at Fort Anne for snowshoeing and kick-sledding fun. All are welcome, and it's free!

Mon, Feb 17 (Time TBA) – King's Theatre will have a special screening of the film 'When All the People Play", featuring documentary cast members on site to conduct a real-time Q&A session about events in the film!

For more information on any of the above, please contact Noah at alc@annapolisroyal.com, or call (902)-955-1205.

Evening Dance Classes with Durline Melanson!

Durline Melanson offers a number of fantastic dance classes, including Beginner and Intermediate Tap & Clogging, Jive and Jitterbug, Dance for Fun and Fitness, Line Dance, and more. Classes are taught weekday evenings at ARTsPlace or St. Luke's Anglican Church Hall. For a detailed schedule, rates, and to sign up, please contact Durline at 532-3035, or at dance.canada@ns.sympatico.ca.

Winter Session of <u>Power Hour</u> underway at ARRA!!

Power Hour is a total body workout based on the latest research on how best to achieve your fitness and fat loss goals, led by Jane Power Grimm. The winter session has begun but more participants are welcome. Sessions are Mondays at 8:05PM and Wednesdays at 7:15PM at the ARRA gym, lasting 1 hour each. Cost is only \$50 for 16 classes! For more information, please

Family Fun Nights at the Annapolis Royal Regional Academy gym, Fridays, 6:30-8PM

Starting February 7th, there will be a Friday Family Fun Night held from 6:30-8PM at the ARRA Gym. Students of all ages accompanied by a parent are invited, and it's free! Sports and games equipment will be provided by the school, and there will be program leaders to lead games and activities. Come have fun and keep active this winter!



285 St. George Street PO Box 310

Phone: 902-532-2043 Fax: 902-532-7443 Toll Free 1-877-522-1110

E-mail: <u>admin@annapolisroyal.com</u> www.annapolisroyal.com

For more information on any of the above, or to sign up or apply for any programs or events, please contact

Noah Scanlan, Active Living Coordinator, at alc@annapolisroyal.com,

or call (902)-955-1205.