



NO. 053

THE TOWN CRIER

Jan-Feb 2023



MONTHLY ANNOUNCEMENTS FOR RESIDENTS AND VISITORS
OF ANNAPOLIS ROYAL AND AREA ANNAPOLISROYAL.COM



Photo Credit Pam McCaul. Sunrise Over Annapolis Royal

Send your photos to kgrear@annapolisroyal.com for a chance to be featured!



WHAT'S UP ANNAPOLIS?



“What a wonderful thought it is that some of the best days of our lives haven't even happened yet.” ~ Anne Frank

Happy New Year Annapolis Royal! What a send off to 2022 and start to 2023 with temperatures ranging from 10-14 degrees Celsius. This mild weather prompted many to get outdoors whether walking the dog, hiking, boating, and kayaking (yes really) and even harvesting veggies from gardens (I picked rutabaga, leeks, and Brussels Sprouts). The forecast looks to remain somewhat milder with a little rain or dusting of snow thrown in here and there for the first half of January. Be sure to take advantage of it while you can. A popular saying, originating from Norway, is ‘there’s no such thing as bad weather, only bad clothes’. No matter the weather, dress for it, get outside and enjoy your favourite winter activities.

January 25 is Bell let’s Talk Day, a day to raise awareness, and funds, for mental health and wellness programming. Most of us are familiar with the statistic that 1 in 5 Canadians will experience mental illness in a given year. But, there is also research which has determined that by 40 years of age 1 in 2 Canadians will have or have experienced a mental illness. Mental Health First Aid is an excellent program that prepares you to interact confidently about mental health with family, friends, communities, and workplaces. Learn more, or find a course (offered virtually and in person), at [Mental Health First Aid Canada](http://MentalHealthFirstAidCanada.com).

“The secret of change is to focus all of your energy, not on fighting the old, but on building the new.” ~ Socrates

Members of Council

Mayor Amery Boyer
mayorboyer@annapolisroyal.com

Deputy Mayor Pat Power
patpower@annapolisroyal.com

Councillor Holly Sanford
hsanford@annapolisroyal.com

Councillor Paula Hafting
phafting@annapolisroyal.com

Councillor Michael Tompkins
mtompkins@annapolisroyal.com

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Open Mon to Fri / 8:30 am-4:30 pm



Mayor Boyer Office Hours
Available by Appointment



The Town Crier is a publication of the Town
of Annapolis Royal.
Copies are available online at
www.annapolisroyal.com
and by email subscription.
Contact admin@annapolisroyal.com to be
added to the email list.

Submissions are welcomed and deadlines vary
monthly, with the deadline for the March
edition on Feb 20, 2023.
Please contact
krgear@annapolisroyal.com
or 902-532-2043 ext. 110 if you have any
questions.

Police Emergency: 911
Police Non-Emergency:
902-532-2427

Public Works Emergency:
902-532-8347



MAYOR'S MESSAGE



Wrapping up 2022 and Welcoming 2023

On behalf of members of Council and staff, I would like to wish you a very Happy New Year!

Last year marked the achievement of several milestones for the Town. We issued a report on the status of the strategic plan that was developed in 2021 which included representation at the Nova Scotia Utility and Review Board over the potential decommissioning of the Nova Scotia tidal Power plant, completion of an Accessibility Plan for Town-owned properties, a comprehensive Flood Risk Assessment report summarizing 24 years of reports and analyses, a new Climate Change Plan, newly renovated space at Town Hall for the Police Department, and infrastructure to support new development. On the advice of staff, the Town also undertook a project to proactively replace underground water system junction valves (water saddles) after a number of valve failures that occurred the year before.

Over the last two years, Town staff and Committees brought in approximately \$500,000 in grants for a variety of necessary and discretionary projects. As a result of this and other dedicated efforts by staff, Queen's Platinum Jubilee Medals for outstanding service were awarded to Police Chief Mark Kane, CAO Sandi Millett-Campbell, and former Superintendent of Public Works, Kevin McLean, who retired on December 30, 2022 after 33 years of service. He will be sorely missed by all.

As a result of grant money received last year from Parks Canada and the Province of Nova Scotia, the Town was able to retain engineers from the Atlantic Infrastructure Network to come up with a plan to respond to the challenges presented by rising sea levels in the downtown core for public consultation in 2023. Engineering solutions were also sought and provided last year to resolve the chronic odour issues at the sewage treatment plant which Council will be considering as it develops its 2023-2024 budget.

We thank the Legion for once again putting on a wonderful New Year's Day Levée on January 1 this year. After all of the COVID years as we look forward to all of the many events and happenings that enrich Town life. A special event happening this year will be the visit of the Twinning delegation from our sister city, Royan France. Mayor Marengo and nine others will be visiting us in June and the Annapolis Royal Twinning Committee has a series of events planned for the lead-up to and the visit itself which will include the first public celebration of Pierre Dugua Day.

As we begin work on the 2023-2024 budget, Council and staff will continue to work on fulfilling the commitments that were made in the Town's strategic plan.

I would like to take this opportunity, on behalf of Council, to thank all members of staff and the Police Department, both Union and non-Union, for the excellent work they do day in and day out on our collective behalf. Much of the work they do is largely unseen by the public, but it is what contributes to and is key to our success as a Town. We are proud to say that we have an excellent staff!



Mayor Amery Boyer,
B. Mus., MBA

News from the Twinning Committee

2023 will be a twinning celebration year in Annapolis Royal. The Town of Annapolis Royal has designated June 18th as the inauguration of the first annual Pierre Dugua Day to honour this merchant explorer from Royan, France who established the Habitation at Port-Royal.

This public ceremony with the unveiling of a new bilingual boardwalk interpretive sign, will take place at the O'qwa'titek amphitheatre on June 18th and you are all invited! A delegation from our twin city of Royan, including Mayor Marengo, will also be present. More details to follow in the coming months.

Not familiar with Dugua de Mons?

Well, we can remedy that! Mark your calendars for Wednesday, February 22nd at King's Theatre at 7 pm. The Town Twinning Committee will be showing a 50-minute documentary film on the life and times of Pierre Dugua. This French film made in 2003 and filmed here and in Quebec has been newly subtitled into English thanks to a community grant from the Parker Mountain Wind Turbine Society and the Town of Annapolis Royal. A community grant from the Municipality of the County of Annapolis is also allowing us to make sure this informative film is seen. King's Theatre is generously offering everyone free entry to see the film. The showing will be followed by a question and answer period. We invite you to come out and learn about the contribution of this man to French presence in our area.



Monument to Pierre Dugua at Fort Anne. Photo by Andrew Toslon

If you have questions or would like to know more about the Twinning Committee and the upcoming French delegation visit, please contact committee chair Christine Igot at christine@latext.com



The Accessibility Advisory Committee is in search of a new member. If you would like to help make the Town more accessible and friendlier for all, this is the committee for you. Please contact Ken at kknox@annapolisroyal.com

Singing in the shower is fun until you get soap in your mouth. Then it's a soap opera.



Math Games Winners

Mayor Boyer and Counsellor Hafting joined teacher and organizer Jill Quirk and the winners of the 2022 Math Games at AWEC on December 20.

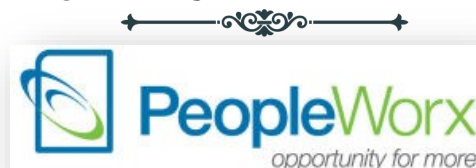
By Paula Hafting - Councillor

I was invited to the school on the previous Friday (Dec. 16) to view the math games in the middle level class rooms (grades 6-8). It was clear that the students had used elements of STEM (science, technology, engineering and math) to create the games.

There were hand made board games, small remote controlled robots, and everything in between. Hats off to their teacher, Ms. Quirk, for providing an opportunity for the students to think outside the box by exploring new ways to learn math.

I enjoyed attending the awards presentation the following week. It was a high energy assembly and the students celebrated their accomplishments. Well done!

AWEC hosted the math exhibition on December 16 for middle level students (grades 6-8) who created their own math games. All of the students played each other's games and then scored them based on four categories: game creativity, game organization, great math thinking questions, and great technology.



Need a resume or cover letter? Require job search assistance? Starting a new business?

Interested in information on programs which you may be eligible for?

Please visit or call Helen and Sue at our Annapolis location for one-on-one assistance. We are a non-profit organization; all it will cost you is your time.

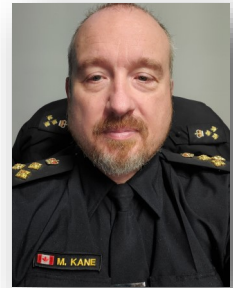
Contact: 253 St. George Street, 902-532-0605 (appointments only)



CHIEF'S CORNER



Emergency Line: **911**
General Police Line: **902-532-2427**
Office Location: 285 St. George Street
Police Facebook: [@ARPoliceID](#)
Town Facebook: [@townofannapolisroyal](#)
CRIMESTOPPERS: **902-422-8477** OR crimestoppers.ns.ca



Chief Mark Kane

First, I would like to wish all Town residents, Business Owners and Staff a Happy New Year from the officers, Staff, and Myself of the Annapolis Royal Police Service.

This is the time of year as you know that snow can be expected anytime, I am just wanting to remind all town residents and business owners and staff of the following:-

- If a snow fall is expected where possible overnight keep our roads clear for public works to plow the roads safely. If you do not have a driveway, then look at parking somewhere that does not impede snow clearing operations.
- If your vehicle is impeding snow clearing operation it could be towed to allow plowing to be completed.
- The last point is that you could also be ticketed for impeding snow plowing, this is the last resort and we would rather people comply and help keep our roads clear for our public works to plow. Working together we can achieve so much more.

Home & Business

Door Frames:

Even the best locks can be defeated by a method known as "spreading". This occurs when a wedge or jack-like device is inserted between the two door frames. Penetration is successful because doors and frames are purchased as single units and are placed into wall openings provided by the builder during construction. Although the opening between the wall and the frame is braced at the top and bottom with alignment wedges, the mid-sections are often left open, permitting frames to bow under pressure. Solid blocks inserted between these openings will help resist this form of entry. To strengthen the frame, install 3-4" screws through the doorstop strip and the frame and into the heavier wood of the wall construction. To further reduce an intruder's ability to spread the door frame, the same procedure should be applied to the hinge side.

Strike Plates:

When considering a deadbolt as an auxiliary lock, attention should also be paid to the strike plate because it bears the brunt or the force applied to the door. A metal strike plate is installed on or in the door frame and is intended to house and protect the bolt of the lock. A typical strike is only fastened with 3/4" screws. It is important that the desired amount of security provided by the lock is not compromised by a weak strike plate. High-security strike plates are available from any locksmith. Continuous testing is conducted to improve the strength of strike plates. Two types are currently recommended: Security strike boxes installed with 2-1/2" to 3" screws provide the additional security of a recessed box which anchors into wall studs and offers strong metal housings for bolts. Wrap-around strike plates are another way to strengthen frames. They are particularly useful on frames with adjacent side lights where minimum thicknesses of wood are available. This style of strike plate is fastened with screws in two directions.

Windows

Double hung windows usually have a top half that can be lowered and a bottom half that can be raised.

- If the window is not to be used as a fire exit, it can be secured it by nailing or screwing it permanently closed
- If the window must be opened or is needed for a fire exit, drill a downward angled hole to house a removable pin or heavy nail to screw the two panes together. A second hole 2" above the first will let the window be opened for ventilation while remaining secure.
- A keyed latch may be installed in place of an unkeyed one
- Grillwork or bars may be installed if the window is not to be used as a fire exit
- Casement and awning windows are opened by hinges mounted at the top, side, or bottom. These windows can be easily pried open by breaking the flimsy latch.
- Slide bolts installed with heavy-duty screws can provide extra security while allowing the window to be opened when required
- CONTINUED ON PAGE 8

EVENTS FOR THE MONTH

Please forward March submissions by February 20, 2022 to: kgrear@annapolisroyal.com

Annapolis Royal Library

Monday Morning Storytime

Jan 16, 23, 30 and Feb 6, 13, 27
10:00 to 10:45 am

Preschool children and their caregivers are invited. We'll have stories, crafts, sometimes music, and always a good time! . Registration not required.

Senior Safety with the RCMP

Wed, Jan 25, 2:00 pm to 3:00 pm

Fraud and Scam Prevention, Identity Theft Awareness, Helpful Community Resources, Elder Abuse Awareness and Prevention, we will discuss it all! Join us at the Annapolis Royal Library for an informative presentation and Q&A session from the RCMP.

Registration is required.

Marbleous Mayhem

Mon, Feb 13 2:00 to 3:00 pm

Build and play with marble runs. What makes the marble go higher, faster or further? Come and see.

Ages 7 to 10. Registration is required.

Register at valleylibrary.ca

Academy Innovation Lab

Video Editing for Beginners

Wed, Jan 11 7:00 pm

Presented by Dillon Tonkin

In this informal demonstration, (using DaVinci Resolve) you will be introduced to the very basics of video production, covering technical standards, simple editing, working with stills, adding graphics and titles, and finally audio.

Bring your questions! (Computer not required)

This presentation, sponsored by the Academy Innovation Lab, is free of charge and open to all members of the community.

Innovation Lab or One-on-One Tech Help

January on Wed 10am-1:30pm, Thu 4-8pm and Sat 10am-2pm. February Wed 10am-1:30pm. Call 902-532-2226 for more info or click [HERE](#) to sign up

ARCAC (ARTSPLACE)

Jan 16 7:00 pm

Ukraine: One Life At A Time
ARTSPLACE Gallery, 396 St. George St.
Admission by donation (Suggested \$10)

Jan 21- Mar 25

Member-in-Residence, Ken Flett

Exhibition Feb 1-26

Life is an 'art' / Karen Phillips Curran

Feb 1-25

ARTSPLACE Life Drawing Group

Exhibition Feb 25- Mar 25

Z'otz* Collective



Annapolis Royal Legion, Br. #21

Happy Hour each Friday from 5:30-7:00pm
and cocktail specials Friday and Saturday!

Friday Night Music 7-9 pm or later!

Annapolis Royal Community Centre Chase the Ace

Draws take place Fridays at 8pm sharp, so arrive early to purchase your tickets! Ticket sales at satellite locations will be cut-off at 5pm, with ticket sales at the Legion cut-off at 7:45pm.

Everyone welcome, members & guests



ONGOING

Annapolis Royal Farmers and Traders Market

Winter Market Oct 15 - May 13

9:00 am to noon

Saturdays at the Legion

AA and Al-Anon

Wednesdays, 8:00 pm

Annapolis Royal First United Baptist
Church Address: 762 St. George St.



Watch out for the Icy Patch!

Please remember to clear snow and ice from the sidewalks in front of your homes and businesses along St. George Street. Check the Streets and Sidewalks By-law for complete details. <https://annapolisroyal.com/streets-and-sidewalks/>

Upcoming Meetings

Open to the public

Committee of the Whole
Mar 1, 6:00 pm

Planning and Heritage
Advisory Committee
Mar 6, 9:00 am

Board of Police Commis-
sioners
March 8, 10:00 am

Accessibility Committee
Mar 8, 5:00 pm

Traffic Flow Advisory
Committee
Mar 9, 1:00 pm

Marketing and Economic
Development Committee
Mar 14, 6:00 pm

Council
Mar 15, 6:00 pm

Environment Advisory
Committee
Mar 22, 2:00 pm

**TOWN HALL CLOSED
FEB 20 for Heritage Day**

Legion events: see Facebook for details
on their events.

All King's Theatre events & films:
www.kingstheatre.ca

ARCAC (ARTsPLACE) events:
arcac.ca

All Community Hub events:
www.valleylibrary.ca/calendar/

Historic Gardens events:
www.historicgardens.com

For up-to-date events, visit the online
Community Calendar at
annapolisroyal.com

TOWN HALL... STAY CONNECTED

Notes, Notices and Updates from Town Hall

→ Congratulations to Town CAO Sandi Millett-Campbell and (now retired Superintendent of Public Works) Kevin McLean for being nominated and awarded the Queen's Jubilee Medal!

→ In December all new and returning citizen committee appointments were made. Thank you to all who continue to volunteer their time, knowledge, and skills.

→ Staff are preparing a Livestreaming Meeting policy for Council's consideration

→ The Environment Advisory Committee policy is being updated to allow for up to seven citizen members due to great interest from the community

→ 2023-2024 budgeting has begun. Staff are continually seeking out grant opportunities to add or supplement services and activities

→ You should be receiving your property assessments from Property Valuation Service

→ Water service contracts, sorry for the confusion, but these are ONLY for collecting the correct contact information should Town Hall require reach to out regarding disruption of service

Notice of Second Reading and Passing Orderly and Peaceful Conduct By-law

TAKE NOTICE THAT Annapolis Town Council will hold 2nd reading and passing of the following By-law at the January 18, 2023, 6:00 p.m. Council meeting:

Orderly and Peaceful Conduct By-law

Persons wishing to make a presentation, verbally or in writing, may do so at the Council meeting on January 18, 2023.

Copies of the proposed bylaw are available at Town Hall, or by emailing admin@annapolisroyal.com.

Sandi Millett-Campbell
Chief Administrative Officer
Town of Annapolis Royal
P. O. Box 310
Annapolis Royal, NS B0S 1A0
Phone (902) 532-2043 Ext. 104

Volunteer Opportunities

The Town of Annapolis Royal is looking for residents interested in volunteering to serve as part of the following committees:

The Board of Police Commissioners

Contact: CAO Sandi Millett-Campbell at cao@annapolisroyal.com or 902-532-2043 ext. 104.

The Audit Committee is seeking a citizen volunteer. Contact Director of Finance Melony Robinson at finance@annapolisroyal.com

Accessibility Advisory Committee is seeking a volunteer. Contact Ken Knox, Community Development Coordinator at kknox@annapolisroyal.com

Did you know...

Jan 1, 1784 - David George, Black Loyalist and Baptist Preacher settled in Shelburne and began preaching in Birchtown. He founded many Black Baptist churches and began a self-help movement

Feb 28, 1788 - Governor John Parr approved a land grant at Birchtown, NS for Black Loyalist supporters of the British Crown. Of the 649 male Black Loyalists at Birchtown, only 184 received land at all

Jan 3, 1802 - 300 Scottish Highlanders settled in Sydney

Jan 1, 1823 - Nova Scotia is the first colony to issue coinage

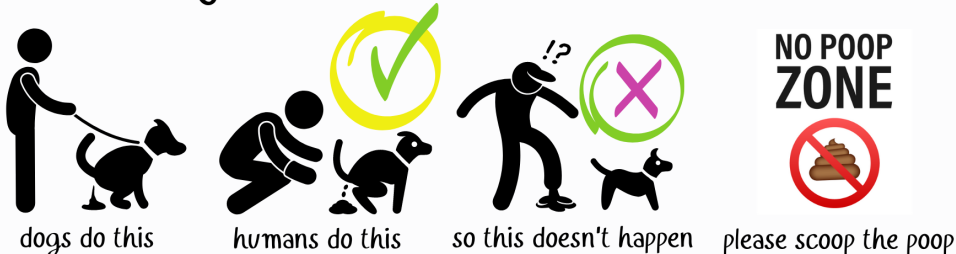
Feb 13, 1883 - The ship *Royal William* completed its crossing of the Atlantic from Pictou, to Gravesend, England, the first ship to cross the Atlantic using steam power

Jan 21, 1889 - Acadia College opens in Wolfville

Feb 2, 1848 - Nova Scotia becomes the first colony to enact responsible government with James Boyle Uniacke as the leader of a new Reform government

Feb 20, 1864 - Rose Fortune died. Respected local figure and entrepreneur in Annapolis Royal, Rose was also considered Canada's first female police officer

A Friendly Reminder...



Best wishes to everyone with a birthday in January + February!

January's birthstone is Garnet, symbolic of peace and balance and the flower is a Carnation, pink for affection, red for love.

February's birthstone is Amethyst, symbolic of calmness and the flower is Violet for loyalty and faithfulness.



Wetland Restoration: Why is it time?

Wetlands are vital for humanity...

But we're at a tipping point. Wetlands are disappearing.

Freshwater is rare. Wetlands provide most of it.

- Only **2.5%** of water on earth is freshwater, mostly stored in glaciers and aquifers.
- Less than **1%** is usable, **0.3%** is found in wetlands such as rivers and lakes.



Wetlands store more carbon than forests.

- Peatlands cover **3%** of our planet yet store around **30%** of all land-based carbon.
- Coastal wetlands like mangroves sequester and store carbon up to **55 times** faster than tropical rain forests.



Wetlands help us cope with storms and flooding.

- 60%** of humanity lives and works in coastal areas.
- Saltmarshes, mangroves, seagrass beds and coral reefs shield coastal communities in extreme weather.
- Inland, a single acre of wetland can absorb up to **1.5 million** gallons of floodwater.



Wetlands are a source of livelihoods and food.

- More than a **billion** people live from fishing, aquaculture and tourism.
- Wetland paddies provide rice for **3.5 billion** people.

Wetlands are being lost three times faster than forests.

- They're the Earth's most threatened ecosystem.
- More than **80%** of all wetlands have disappeared since the 1700s.
- The trend is accelerating. Since 1970, at least **35%** of the world's wetlands have been lost.



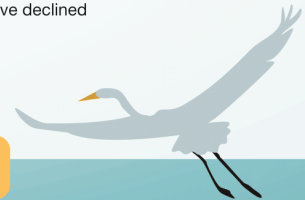
Human activities are driving wetland degradation.

- Wetlands are being drained and filled in for agriculture and urban construction.
- Water pollution and overfishing are harming wetland ecosystems, along with invasive species.



Wetland species are facing extinction.

- One in three freshwater species and **25%** of all wetland species face actual extinction from wetland decline.
- 81%** of inland wetland species and **36%** of coastal and marine species have declined in the last 50 years.



Restoring lost and degraded wetlands is urgent!

7 benefits of restoring wetlands

A well restored wetland can provide many of the services performed by the original natural wetland. Here are seven ways restored wetlands can benefit us directly:

1

Revive biodiversity

40% of the world's species live or breed in wetlands. Restoring wetlands powers the local food chain and attracts wildlife.

2

Replenish and filter water supply

Wetlands naturally filter water, remove pollutants and boost the local water supply.

3

Store carbon

Specific types of wetlands, especially peatlands, mangroves, intertidal marshes and seagrass beds are exceptionally efficient carbon sinks.

4

Blunt the impact of floods and storms

Restored wetlands can act as sponges against excess rainfall and flooding, buffer coastal storm surges, and can shield communities in extreme weather.

5

Improve livelihoods

Wetlands create livelihoods in fishing and aquaculture, and also provide goods like reeds and grasses. These opportunities often benefit indigenous populations.

6

Boost eco-tourism

A restored wetland can be a sustainable magnet for visitors; a natural attraction that draws tourists along with opportunities to serve them.

7

Enhance well-being

Revitalized wetlands provide a place to relax, experience nature – and enjoy sense of satisfaction at their resurgence.



EVENTS CONT'D

King's Theatre

January

13, 6:00 pm	Strange World
14, 9:30 am	Spoken Word and Overcoming Stage fright, Ages 11-17
14, 1:30 pm	Spoken Word and Overcoming Stage Fright, Adults
14, 6:00 pm	Spoken Word Mini Performance
15, 3:00 pm	Prima Facie
18, 7:00 pm	Empire of Light
20, 7:00 pm	I Wanna Dance with Somebody
22, 3:00 pm	Puss in Boots, The Lat Wish
29, 3:00 pm	The Hours

February

10, 7:30 pm	Billy Joel Tribute
11, 7:30 pm	Jason Cyrus: Rewired
12, 3:00 pm	Tracy, Marcel and Dakota
19, 7:30 pm	Drag Your Heart Out
25, 7:30 pm	Carson Downey Band



Chief's Corner Cont'd from Page 4

- An "L" shaped bracket screwed to the lower part of the window with a removable steel pin inserted into the sill will prevent the window from being pried open
- The crank handle can be removed or grill work can be installed if the window is not to be used as a fire exit

Basement Windows:

The young persons responsible for most residential break and enters need very little space through which to enter a home or business, making basement windows particularly vulnerable to forced entry. Improving the window catch alone is usually not sufficient because:

- The hinges are fastened with short screws
- The frame is often not anchored into the foundation wall
- The glass is single pane and is easily broken

Therefore, metal window bars and grills fastened to foundation walls are the only truly effective means of properly securing basement windows.

There are many styles of window bars and different methods of installation. Some use non-removable screws, some have pins, and some have padlocks. Make sure at least one set of window bars is installed in such a way that they can be removed from the inside as a fire exit. Providing there is no danger, all other windows can have the bars installed permanently.

GET MOVIN'

Equipment loan at the Community Hub Gym

Annapolis Royal Recreation offers FREE equipment loan programs based out of the Community Hub Gym. We can provide snowshoes, Nordic walking poles, kids party games, Disc Golf, Tennis equipment, balls for outdoor sports, and soon will have Kicksleds that can be borrowed free of charge. For more information, please call 902-955-1205 or email alc@annapolisroyal.com

Grant Potter Park and Playground Refurbishment Consultation.

On Thursday, January 26, from 1-3PM at Town Hall Annapolis Royal Recreation and Joy Elliott – Landscape Architect, CSLA, will lead a session that discusses refurbishment and preliminary upgrade concepts for the Grant Potter Park & Playground. If you would like to participate in this community session, please call 902-955-1205 or email alc@annapolisroyal.com

Pickleball Registration – Winter/Spring Session II

Winter/spring Pickleball sessions run from Feb 13->June 1. **Registration for these sessions will open at 9AM on Tuesday, Feb 7.** Please visit the Residents->Recreation Programs page at www.annapolisroyal.com to find the level and session that is best for you and for more details. Registration is first come, first served, to do so please call 902-955-1205 or email alc@annapolisroyal.com on Tuesday, Feb. 7, 9AM or afterwards.

WINTER RECREATION IN ANNAPOLIS ROYAL IT'S WHERE YOU WANT TO BE

INDOORS



OUTDOORS



NEW FOR 2023
KICK SLEDs!

Give it a Go in the Snow

**Get moving at our FREE try it out event
Saturday January 28 at the Hub Gym 11am-2 pm**

**Take a winter
guided walk with
Lacey from CARP**

**Try out some of
the equipment at
the gym**

**Enjoy a snack and
sing along with
Tim Vallillee**

**Try out the new
kicksleds**

**Warm up with an
intro Latin dance
or Line dancing**

**11 am meet at the gym
and dress for the
weather!**

**free time in gym from
11:10-11:50**

**12-12:40 pm, hot
chocolate and your
favourite songs!**

**anytime, must be
returned by 2 pm**

**Line Dance @ 12:45
Latin Dance @ 1:25**

All activities will take place whether there is snow or not, with the exception of the kicksleds which require snow to operate


Annapolis Royal
— Nova Scotia —



Atlantic Canada
Opportunities
Agency

Agence de
promotion économique
du Canada atlantique

Canada 



JANUARY 27 INTERNATIONAL HOLOCAUST REMEMBRANCE DAY



AFRICAN HERITAGE MONTH FEBRUARY 2023

Are you a
**PARTICULARLY PASSIONATE
PLANT PERSON?**



Gardeners Wanted!

The Town of Annapolis Royal is now accepting expressions of interest for Town gardening services for the 2023 season.

<https://annapolisroyal.com/now-accepting-expressions-of-interest-for-town-gardening-services/>



VOLUNTEER OPPORTUNITY

If you would like to get involved in an exciting, rewarding community service then the Annapolis Royal Fire Department is interested in talking with you.

All we ask is for you to be dedicated to the services that we offer. We will supply the training and equipment you will require. For more information contact the fire hall at 902-532-5833 or the President at avrddw@gmail.com.



Fundy Tides Taekwondo

Kids aged 8+:

Tuesdays 5:30 pm & Saturdays 11:00 am

Adults/teens aged 14+:

Tuesdays 6:30 pm & Saturdays 12:00 noon

TRY A FREE CLASS!
email fundytkd@gmail.com
or Fundy Tides Taekwondo on facebook

All levels, NEW MEMBERS WELCOME
(5th degree black belt Master Instructor)



Oakdene Centre (upstairs)
1913 Clementsvalle Rd, Bear River, NS

RE/MAX®
BANNER REAL ESTATE

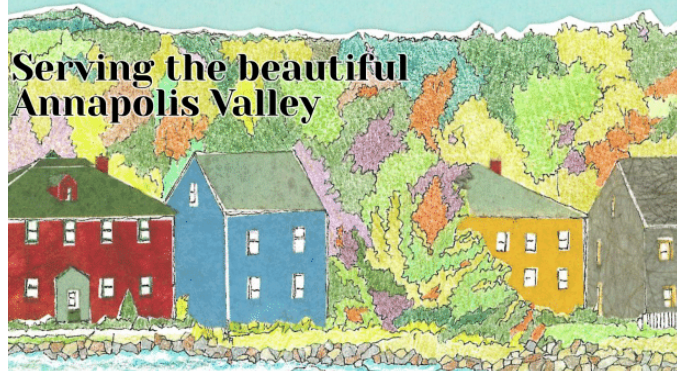
Laura Boyko

REALTOR®

lauraboykons@gmail.com

902.312.1226

Serving the beautiful
Annapolis Valley



BOXING WEEK SALE!

Get 100% pure fibre Internet
and we'll install it for **FREE***

Conditions apply.

Free install offer ends January 15th, 2023

Season of Savings
— Sales Event —

