

NO. 061 THE TOWN CRED NOV 2023



MONTHLY ANNOUNCEMENTS FOR RESIDENTS AND VISITORS OF ANNAPOLIS ROYAL AND AREA ANNAPOLISROYAL.COM



Send your photos to kdunning@annapolisroyal.com for a chance to be featured!



WHAT'S UP ANNAPOLIS?





With the shorter days, it makes sense to try and squeeze as much in to the daylight hours as possible, especially in good weather. Annapolis Royal has so much to offer, that finding things to do won't be a problem!

Take a hike or bike ride along the Harvest Moon Trailway and see the wonderful Fall colours: the Trailway offers some great views.

The changing season brings different bird life, as some species leave and others arrive. Wander around the French Basin nature reserve and see how full of life the marshland can be!

Go and see how Fall changes the huge variety of plants and foliage at Annapolis Royal's own historic gardens.

Of course, all of this activity in the cooler weather means you'll no doubt want to take advantage of the many restaurants and food vendors we are so fortunate to have. Whilst some may close for the season, many remain open year-round and offer the chance for a warming cup of coffee or your choice of some hot food to warm you up after a hike. Find out which vendors have seasonal offerings: who doesn't love pumpkin spice?

Please note that Town Hall will be closed on Monday, November 13th for Remembrance Day.

Members of Council

Mayor Amery Boyer mayorboyer@annapolisroval.com

Deputy Mayor Michael Tompkins mtompkins@annapolisroyal.com

Councillor Holly Sanford hsanford@annapolisroyal.com

Councillor Paula Hafting phafting@annapolisroyal.com

Councillor Paul Wear pwear@annapolisroval.com



Soldiers & Sailors Memorial Town Hall 285 St. George Street, PO Box 310 Phone: 902 532 2043 Fax: 902 532 7443

Email: <u>admin@annapolisroyal.com</u> <u>www.annapolisroyal.com</u> Open Mon to Fri / 10:00 am-3:00 pm



Mayor Boyer Office Hours Available by Appointment



The Town Crier is a publication of the Town of Annapolis Royal.

Copies are available online at www.annapolisroyal.com and by email subscription.

Contact kdunning@annapolisroyal.com to be added to the email list.

Submissions are welcomed and deadlines vary monthly, with the deadline for the December edition on November 21, 2023.

Please contact
kdunning@annapolisroyal.com
or 902-532-2043 est. 110 if you have any

questions.

Police Emergency: 911 Police Non-Emergency: 902-532-2427

Public Works Emergency: 902-955-1436

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MAYOR'S MESSAGE



News and Updates

Town Crier Piece, October 20, 2023

Over the past few months, there have been several meetings between municipal and Nova Scotia Health representatives and our MLA Carman Kerr on the subject of health care in our region. The good news is that we are having meaningful conversations. What we are hearing from residents though is that they increasingly feel that they are responsible for their own triage when accessing health care services. And it is no wonder, because the new regional approach includes a broad range of ser-



Mayor Amery Boyer, B. Mus., MBA

vice providers over a larger regional rather small town area. The fact is that our region is now bigger. It now encompasses not only our Town and the County, but also the Digby area. So, with help from the Director of Communications, Tamara Gilley, we have compiled this list of resources for your reference:

- 1. Where to go for health care: Where to go for health care Kings and Annapolis | Nova Scotia Health (nshealth.ca)
- 2. What is Virtual Care NS? https://actionforhealth.novascotia.ca/virtual-care or <u>Virtual Care NS | Nova Scotia Health (nshealth.ca)</u>
- 3. Urgent Treatment Centre (UTC) 4-page pamphlet <u>Annapolis-Urgent-Treatment-Centre-Oct5-pg1 (nshealth.ca)</u>
- Healthcare in Nova Scotia is changing for the better Community Pharmacy Primary Care Clinic – -www.pans.ns.ca/cppcc (this site contains all the clinic locations)
- 5. Find Nearest Emergency Care Tool Find Nearest Emergency Care | Nova Scotia Health (nshealth.ca)
- Accessing Primary Care Tool https://www.nshealth.ca/family-medicine-and-primary-care/accessing-primary-care
- Mobile Primary Care Clinics <u>Mobile Primary Care Clinics</u> | <u>Nova Scotia Health</u> (nshealth.ca)
- 8. Public Health Mobile Clinics Public Health Mobile Unit | Nova Scotia Health (nshealth.ca)
- 9. COVID-19 Rapid Tests http://www.nshealth.ca/rapid-tests
- 10. Complaints and compliments: **Patient/Family Feedback-** Toll Free: **1-844-884- 4177** or Email: <u>WZpatientrelations@nshealth.ca</u>
 - What happens after patient and family feedback is submitted? Click here for more information.
- 11. **Virtual Urgent Care Service** is available weekdays from 10 a.m. to 6 p.m. and weekends from 8 a.m. to noon. The service is free for Nova Scotia based patients with a valid health card. To access this virtual urgent care service, call 1-833-413-0277 (during hours of operation). For more information please visit: <u>Virtual Urgent Care Service | Nova Scotia Health (nshealth.ca)</u>
- 12. The **24-hour mental health crisis line** is always available at 1- 888-429-8167. You can also visit Nova Scotia Mental Health and Addictions (nshealth.ca) for information on mental health and addictions support and available services.

Anyone with urgent medical needs should call 911. For general health advice and information call 811, which is a service offered 24 hours a day, seven days a week by experienced registered nurses.

For people without access to the internet, Town staff or any member of Council would be pleased to print out any information piece from the above list for you.

And if you have a complaint or a compliment about health care, we are encouraging you to refer to item 10 on the above list. People can't fix what they don't know and it is very important to provide feedback on what is working well and what is not working as well. There is a lot of anecdotal information available, but facts are what matter when you want to work toward positive change.



CHIEF'S CORNER



Emergency Line: 911

General Police Line: 902-532-2427 Office Location: 285 St. George Street

Police Facebook: @ARPoliceD

Town Facebook: @townofannapolisroyal

CRIMESTOPPERS: 902-422-8477 OR crimestoppers.ns.ca





Chief Mark Kane

CHIEFS CORNER

Harassing Telephone Calls

Nuisance, obscene or threatening telephone calls can run the gamut from harmless pranks to potentially harmful or dangerous threats.

The Annapolis Royal Police Service offers the following advice to recipients of such calls:

- Say nothing to encourage a return call. Hang up if:
 - o If the caller says nothing
 - o At the first offensive word
 - O If the caller does not immediately identify himself/herself
 - o Should the caller persist:
 - O Keep an accurate record of the calls and notify the police. At this point, investigative measures may be taken.
 - o Consider purchasing an answering machine, Call Answer and/or Call Display feature
 - Answering machines can serve as screening devices for incoming calls while you are at home
 - o Consider an unlisted number
 - Although difficult to maintain, unlisted numbers are often very effective ways to prevent nuisance calls

To minimize the chance of being called at random by a nuisance caller:

- List yourself in telephone directories without your marital status, using your initial rather than your first name
- Obtain a pre-recorded outgoing answering machine message rather than recording your own personal message

Both measures prevent unwanted callers from knowing if a person lives alone.

Additional information pertaining to harrassing telephone calls is available at the front of your local telephone directory.

Many telephone service providers have offered Call Trace (*69) services from touch tone telephones that enable users to trace the last number to call them for a fee. This may no longer be available on some services or technology.



Are you concerned about income tax scams? Interested in knowing more about income tax credits and benefits? Want to know who might be eligible for the free tax preparation program, the Community Volunteer Income Tax Program (CVITP)?

St. George and St. Andrew United Church—the brick church by the traffic lights in Annapolis Royal—is hosting a free information session sponsored by the Canada Revenue Agency (CRA). The CRA representative will provide information on various topics related to tax returns and scams, and there will be ample opportunity for attendees to ask questions and share their personal stories related to a wide range of income tax related topics.

This is a free event, open to the public, being held in the afternoon of November 30th, at the church. More details will be available in The Reader or on the Town of Annapolis Royal's website closer to the date. For more information on this event, please call the church at (902) 532-7954, or e-mail incometaxhelp@eastlink.ca



EVENTS FOR THE MONTH



Please forward December submissions by December 18, 2023 to: kdunning@annapolisroyal.com

ARCAC (ARTSPLACE)

Exhibition Nov 1 - 25 Impressed / Two Scenes, Two Artists, Two Mediums

Exhibition Nov 4 – Dec 22 Altered Vision/Altered Sound / My Story Photo Project Association

Family Program Nov 15, 10am – 11am Story Time Art

tiff Nov 20, 7pm – 9pm Short Films w/discussion

Noontime Art Talks Nov 29, 12pm – 1pm Still Life









Friday Night Music Series

All Acts are 7pm-9pm or later Chase the Ace draw each night at 8pm Happy Hour from 5:30pm – 7:00pm

November 3rd - Permanent Resonance

November 10th - Brandon Appleton

November 17th – TBA

November 24th – The Res-O-Matics

December 1st – No Music (Christmas Craft Setup)

December 8th - Pat O'Brien & Paul Ryan

December 15th – Permanent Resonance





King's Theatre

November Daliland 1, 7:30 pm 2, 7:00 pm Auditions 4, 7:30 pm Piano Heist The Eight Mountains 8, 7:30 pm 9, 7:30 pm Robin: The Ultimate Robin Williams Tribute Experience 10, 7:30 pm Stick & Bow 15, 7:30 pm Past Lives 17, 7:00 pm Killesr of the Flower Moon 18, 7:30 pm Jason Benoit & Mallory Iohnson Showing Up 22, 7:30 pm Jeremy Dutcher 24, 8:00 pm 25, 7:30 pm Classic Seger: Bob Seger's

Greatest Hits Live





Town Hall will be closed on Monday, November 13 for Remembrance Day.



Upcoming Meetings

Open to the public

Committee of the Whole Nov 1, 6:00 pm

Planning and Heritage Advisory Committee Nov 6 9:00 am

Traffic Flow Advisory Committee Nov 9, 1:00 pm

Marketing and Economic Development Committee Nov 14, 6:00 pm

> Public Hearing Nov 15, 5:00 pm

> Council Nov 15, 6:00 pm

Environment Advisory Committee Nov 22, 2:00 pm

Board of Police Commissioners Nov 23, 12::00 pm

Legion events: see Facebook for details on their events.

All King's Theatre events & films: www.kingstheatre.ca

ARCAC (ARTsPLACE) events: arcac.ca

All Community Hub events: www.valleylibrary.ca/calendar/

Historic Gardens events: www.historicgardens.com

For up-to-date events, visit the online Community Calendar at annapolisroyal.com

Community Hub refers to the Library, Innovation Lab, and program rooms located at 143 Ritchie Street. The Community Hub Gym is located at 578 St.



EVENTS FOR THE MONTH









Nova Scotia Health invites you to join us on November 8.

It's been a year since we opened the Urgent Treatment Centre at Annapolis Community Health Centre and we would like to hear about your experience.

Learn more about health services in the area, visit interactive booths, and chat with our teams.



Wednesday, November 8

Please drop-in anytime between the hours below 11:00 a.m. to 1:00 p.m. & 4:00 p.m. to 6:00 p.m.

Annapolis Royal Volunteer Fire Department Hall, 5 Saint Anthony Street, Annapolis Royal Light refreshments will be served For more information call 902-532-5810



www.nshealth.ca





The 2nd annual Annapolis Heritage Society Gingerbread House Competition will add sugar and spice to the much loved Victorian Christmas celebration at the O'Dell House Museum. Gingerbread artists of all ages and backgrounds are invited to compete for prize ribbons in several exciting categories.



ENTRY CATEGORIES:

Adult- Individuals and teams 19 years of age and older Teen- Individuals and teams between 13 and 18 years old Child- Individuals and teams under 12 years old

Special Awards:

- Best historic building replica - Best use of colour - Most unusual decoration ingredient -People's choice

HOW TO ENTER:

Entry Forms: Entry forms may be submitted by mail email or in person by **November 17, 2023 at 5pm.**

Gingerbread creations must be delivered to the O'Dell House Museum for judging by 4pm November 24th

Email: annapolisheritage@gmail.com Mail/Deliver to: Annapolis Heritage Society O'Dell House Museum 136 Saint George Street, P.O. Box 503 Annapolis Royal N.S. BOS 1A0



Winners will be announced at the O'Dell House Museum on Nov. 24th at 7pm. Entries will be displayed until Dec. 2nd, at which time the People's Choice Award will be announced. Visit the display to cast your vote!

FIND FULL COMPETITION DETAILS AND GET YOUR ENTRY FORM ONLINE AT:
ANNAPOLISHERITAGESOCIETY.COM/EVENT/GINGERBREAD-COMPETITION



TOWN HALL... STAY CONNECTED



Notes, Notices and Updates from Town Hall

This October at Town Council:

- Council reviewed the General Operating Budget and Capital Budget
- Council approved for Town Hall to be closed from December 22, 2023 to January 2, 2024 (inclusive)
- ⇒ Next Council meeting is November 15th at 6:00 pm

TOWN OF ANNAPOLIS ROYAL

NOTICE OF PUBLIC HEARING

TAKE NOTICE that the Council of the Town of Annapolis Royal will hold a Public Hearing at the Annapolis Royal Town Hall at 5 pm on Wednesday, November 15, 2023 to consider an application by Michael and Jessica D'Anna to amend the Land Use Bylaws as follows:

Lands of Michael and Jessica D'Anna at 558 St. George Street (PID 05002001) be rezoned from Residential Single Use (RSU) to Residential Medium Density (RMD).



A copy of the Town of Annapolis Royal Municipal Planning Strategy and Land Use By-law, and the amendment application, may be inspected at the office of the CAO at the Town Hall, Annapolis Royal, from 10 to 3 p.m., weekdays, except public holidays. Town planning documents and additional municipal information may be found at www.annapolisroyal.com

Sandi Millett-Campbell Chief Administrative Officer



Annapolis Royal



Volunteer Opportunities

The Town of Annapolis Royal is looking for residents interested in volunteering to serve as part of the following committees:

Environment Advisory Committee is seeking a volunteer,

Marketing and Economic Development Committee is seeking a volunteer, and the

Board of Police Commissioners is seeking a volunteer.

Contact: CAO Sandi Millett-Campbell at cao@annapolisroval.com or 902-532-2043 ext. 104.



Winter Parking Regulations

Under the authority of Section 202 of Chapter 293 of the Revised Statutes of Nova Scotia, 1989, the Motor Vehicle Act:

- No parking or standing of any vehicle upon any street between the hours of 1am and 7am of the same day.
- No parking or standing of any vehicle upon any street that will hinder, inconvenience, or prevent removal of snow or ice from such highway or street.
- No parking or standing of any vehicle upon any street during the period from one hour after any snowstorm has commenced to two hours after such snowstorm has stopped.

These regulations will be in full force and effective annually from December 1 to March 31 inclusive.





GET MOVIN'



Walk on Wednesdays with the Annapolis Royal Walk Group!



NSWalks

Looking to get out and walk more this autumn? Join a free walking group that meets every Wednesday at 10AM at the Farmer's Market parking lot at 10AM. This group is free, gentle, friendly, and open to all abilities, taking various 30-60 minute walks

throughout Annapolis Royal. Additional walks are also scheduled for most Fridays. For more information, and to register, please go to www.nswalks.ca, or call or email hawboldtstephen@gmail.com / 902-932-6902 with any questions.

This group is supported by Hike Nova Scotia and the Town of Annapolis Royal.



COMMUNITY PHARMACY PRIMARY CARE CLINICS



The Pharmacy Association of Nova Scotia (PANS), in partnership with the Government of Nova Scotia and Nova Scotia Health, is piloting new primary care clinics at select pharmacy locations. Clinics are located in areas with the highest number of people without a family doctor.

These pharmacist-led clinics will provide an extended suite of pharmacy primary care services at no charge to people with a valid Nova Scotia Health Card. These services include assessment and prescribing for Strep Throat, Pink Eye, UTIs, Chronic Disease Management (Diabetes, Asthma, COPD), prescription renewals for all medications and more. Publicly funded vaccines for adults and children are also available at these clinics as well as medical injections (fee may apply).

These clinics are part of a study that will run until April 30, 2024. Please click <u>here</u> for a copy of the consent form you will need to complete in order to receive care at these clinics. Learn more about services offered, participating locations, and how to book online appointments below.



SENIORS/LONG-TERM CARE: Senior Care Grant Opening for Applications

Starting Friday, September 1, seniors can apply to the annual Seniors Care Grant program, which helps with expenses that allow them to stay in their homes longer and improve their quality of life.

The grant has been increased to \$750 and now includes home heating as an eligible service. To qualify, Nova Scotians must be 65 years or older by March 31, 2024, live in a home they own or rent, and have an annual household income of \$37,500 or less.



"We heard from many seniors that last year's home heating grant made a big difference," said Barbara Adams, Minister of Seniors and Long-Term Care. "We know that the cost of home heating can be hard, especially for seniors, many of whom are on fixed incomes, so we've increased the grant and included home heating as an eligible expense, allowing seniors more flexibility to use the grant in whichever way best suits their needs."

The grant helps seniors cover the costs of a range of healthcare and household services, including physiotherapy, medication and grocery delivery, phone services and home repairs. The grant may also be used for home heating costs, such as furnace oil, natural gas and electricity. More information about the grant, including how to apply, who is eligible and eligible services is available:

- -- at the program website: https://beta.novascotia.ca/apply-help-household-costs-seniors-care-grant
- -- by email: seniorsgrant@novascotia.ca
- -- by phone: 1-800-670-4357.

AROUND THE COMMUNITY



Services @ the Annapolis Royal Library & Community Hub

143 RITCHIE ST.

(REAR ENTRANCE OF ACADEMY BUILDING)

SERVICES @ the Community Hub

In the Library: PUBLIC COMPUTERS / ACCESSIBLE / 24-HR WIFI BIKE LOANS / BOOKS, MAGAZINES & RESOURCES FAX / LAMINATION / PRINTING

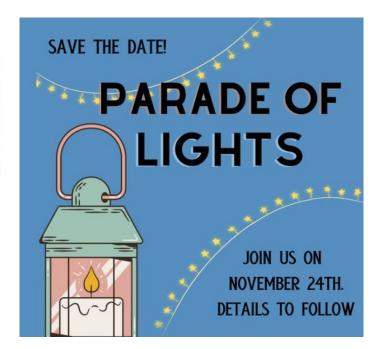
In the Hub: PUBLIC WASHROOMS / FREE PARKING
WORK SPACE / INNOVATION CENTRE / USED BOOK SALE
BROWN DOG CAFE / AED (LOCATED IN ENTRYWAY)
FOOD BANK / LOFT CLIMBING GYM ENTRANCE

LIBRARY HOURS



valleylibrary.ca 902 532 2226





We'll have more info for you in the coming weeks about the parade details and the lantern making workshops that were such a hit last year. Stay tuned! Please visit: (1) Facebook for up-to-date information on these events.



You Can Make a Difference

Serve on an agency, board or commission.





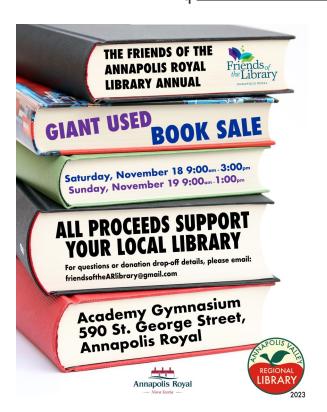
NOVASCOTIA.CA/ABC OR CALL 1-866-206-6844

The Government of Nova Scotia has an Employment Equity Policy. We welcome applications from Aboriginal people, African Nova Scotians, other racially visible people, persons with disabilities, women, and other employment equity groups. Applicants are encouraged to self-identify.

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AROUND THE COMMUNITY





Do you need a good laugh?

On a Saturday, November 4th, at 2 p.m., St. George and St. Andrew United Church is presenting our second annual comedy show, A Little Dose of Laughter. This year the theme is health care and our show will have you in stitches! Laughter might be the best medicine, and our cast will show you an entirely different way to deliver, and receive, health care. The show will have a format similar to last year with short skits mixed with a little measure of music. This is a family friendly show with ramp access available. Admission will be a free will offering. All proceeds from the show will be applied to the cost of our solar panel project. Complementary parking space will be available at the Court House.





Protecting Our Coastal Heritage



Despite Nova Scotia facing the worst sea-level rise predictions in the country, Nova Scotia Minister of the Environment and Climate Change Tim Halman has announced an indefinite delay on implementing the Coastal Protection Act (CPA) regulations. The act was originally passed in 2019 but regulations are required for implementation. Nova Scotians have been consulted on the Act over the past four years and want strong measures in place now to protect our coast. The implementation of the CPA regulations is already long overdue. As various hurricanes over the past two years showed us, Nova Scotians are already feeling the effects of the climate emergency and paying for the results of irresponsible development through disaster relief funds and clean-up efforts. If you believe our coastal heritage is at risk, please contact your MLA or the Minister of Environment and Climate Change.



Program/Services links:

Where to go for health care is a helpful document with information on services in Annapolis and Kings Counties. https://www.nshealth.ca/wheretogoforhealthcare

Mobile primary care clinic dates and locations can be found online: https://www.nshealth.ca/mobileprimarycareclinics

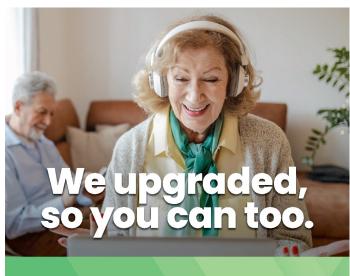
Virtual Urgent Care Service is available weekdays from 10 a.m. to 6 p.m. and weekends from 8 a.m. to noon. The service is free for Nova Scotia based patients with a valid health card. To access this virtual urgent care service, call 1-833-413-0277 (during hours of operation). For more information please visit: Nova Scotia Health Authority (nshealth.ca)

The **24-hour mental health crisis line** is always available at 1-888-429-8167. You can also visit Nova Scotia Mental Health and Addictions (nshealth.ca) for information on mental health and addictions support and available services.

Also, the Kings and Annapolis Primary Care Clinic was featured in a video from NS Health's Annual General Meeting that took place this past July. The clinic was highlighted as one of the innovative ways Nova Scotians can access care. Check out the video here:

https://www.facebook.com/watch/?

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100% PURE FIBRE



Call 1-866-834-0138 or visit xplore.ca/Annapolis to get our best prices of the year!

November is very beautiful, light winter, cool breeze, open weather enjoying it with love one its happy season and year going to be end.Happy Birthday!!



Paula Hafting cell: (902) 245-8602 office: (902) 532-7501





RE/MAX

www.remaxbanner.com



Would you like to advertise in the Town Crier.

This space could be yours.

New Fees:

\$15:00 / month 3 1/2 x 2 small

\$30:00 / month 3 1/2 x 4 large

Contact: kdunning@annapolisroyal.com



Committee Vacancies

Board of Police Commissioners, Environment Advisory Committee and Marketing and Economic Development Committee are also looking for members. Could this be you?

Send your letter of interest to Sandi Millett-Campbell at cao@annapolisroyal.com.

